

GREAT MIAMI VALLEY YMCA FALL INVITATIONAL
"A" & "AA" ZONE QUALIFIER
SHORT COURSE SWIMMING INVITATIONAL
NOVEMBER 13, 14, 15, 2009

PLACE: FAIRFIELD YMCA
5220 Bibury Road
Fairfield, Ohio 45014
513-829-3091

WHEN: NOVEMBER 13, 14, 15, 2009

<u>Friday Evening</u>	<u>Saturday & Sunday</u>	
11-12, 13-14, 15&up	11-12, 13-14, 15 & up	6 & under, 8 & under, 9-10
Warm-ups at 5 p.m.	Warm-ups at 7 a.m.	Warm-ups TBA.
Meet at 6 p.m.	Meet at 8 a.m.	Meet TBA.

Check-in by 5:30 PM

EVENTS: All events are timed finals. Enclosed is the order of events for each age group.

"A" "AA" MEET CONCEPT The meet will be seeded and swum like a normal no time standard meet. The actual times swum in each event will determine if a swimmer is "A" or "AA" in that event.

RULES: This will be a YMCA closed meet. Current USA Swimming rules will govern the meet. A swimmer's age group is determined as of December 1. Age group contestants must compete in their own age group. A team may enter any number of Relays. On Friday evening the 400 IM will be limited to 4 heats (24 swimmers) and the 500's will be limited to 3 heats (18 swimmers). Entries for these events will be based on the fastest times submitted. Swimmers will be deck seeded Friday evening and must check-in upon arrival. During the Saturday and Sunday A.M. sessions, all 200's will be deck seeded. Swimmers must check-in during warm-ups to maintain participation in these events. The 1650 and 1000 will be deck seeded and limited to a total of 2 heats (nominally 1 heat girls and 1 heat boys). Swimmer must check-in during morning warm-ups to be entered in the 1650 and 1000. Competitors must supply their own timer and lap counter for the 1000 and 1650.

EXCEPTION: Individuals who will be 12 or older by the first day of YMCA Nationals will be allowed to swim up in "SENIOR" events only. However, any points scored by these individuals will be counted only in the team's total points. 6 & unders may swim up in any 8 & under event not offered to the 6 & under age group.

ENTRIES: There is no limit to the number of events an individual may swim each day. Entries are limited to the first 500 swimmers. If no time is submitted, the swimmer will be seeded in the slowest heat. Please include the coach's phone number in case there are any questions pertaining to your team entries.

DECK ENTRIES: Deck entries will be accepted at all sessions on a cash only basis up to 20 minutes prior to the beginning of competition. (\$5.00 for Individual events and \$15.00 for Relay events)

ENTRIES MUST BE RECEIVED NO LATER THAN NOON NOVEMBER 5, 2009

ENTRY FEES: INDIVIDUAL EVENTS - \$3.50 RELAYS - \$14.00
 ALL ENTRY FEES MUST ACCOMPANY ENTRY FORMS
 Checks should be made payable to the "GMVY YMCA Swim Team "
 Mail payments to: Sue Riebel
 Fairfield YMCA 5200 Bibury Rd
 Fairfield, Ohio 45014
 513-829-3091 e-mail: momriebel@aol.com
 Mail or e-mail entries to: Claudia Multer
 1075 Oakmont Ave.
 Hamilton, OH 45013
 e-mail: claudiam@one.net

AWARDS: Team trophies for First, Second and Third place overall.
 Individual high point trophies will be awarded for each age group, boys and girls.
 Senior Events do not count toward high point.
 All individuals making Great Lakes Zone qualifying times will receive "Zone Qualifier" custom ribbons
 National Qualifier ribbons will be awarded to all individuals making a YMCA National qualifying time.
 For scoring purposes the 12 fastest times will be used.

INDIVIDUAL	1st thru 3rd	Medals
	4th thru 12th	Custom ribbons
RELAYS	1st place	Medals
	2nd thru 12th	Custom ribbons

Heat winner ribbons will be awarded for the 10 & Under sessions.

SCORING: INDIVIDUAL EVENTS 16-13-12-11-10-9-7-5-4-3-2-1
 RELAY EVENTS 32-26-24-22-20-18-14-10-8-6-4-2

FINAL RESULTS: Final Results will be posted on www.swyswim.org.

FACILITY: >Six-lane pool with Keifer non-turbulence lane markers.
 >Paragon starting blocks.
 >Colorado automatic timing system with backup system.
 >Display board readout for spectator convenience.
 >Bleachers in the pool area for spectator viewing.

ADMISSION: No charge.

HEAT SHEETS: \$5.00 per session (good for both days)

FOOD: Concession area will be available with good food at reasonable prices.

MISCELLANEOUS: Each team must provide adult supervision in their team area for the P.M. sessions.
 There will be no clerk of course.

MEET COORDINATOR: Sue Riebel
 Fairfield YMCA
 Fairfield, OH 45014
 513-829-0579
 E-mail: momriebel@aol.com

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GMVY WINTER INVITATIONAL: ORDER OF EVENTS

GIRLS	YARDS	EVENTS	AGE	BOYS
FRIDAY PM				
1	200	Freestyle	11-12	2
3	400	Individual Medley	Senior	4
5	200	Individual Medley	11-12	6
7	500	Freestyle	13-14	8
9	500	Freestyle	Senior	10
SATURDAY AM				
11	200	Breaststroke	Senior	12
13	100	Butterfly	15&up	14
15	100	Butterfly	13-14	16
17	50	Butterfly	11-12	18
19	100	Freestyle	15&up	20
21	200	Freestyle	13-14	22
23	100	Freestyle	11-12	24
25	50	Freestyle	15&up	26
27	50	Freestyle	13-14	28
29	50	Freestyle	11-12	30
31	200	Individual Medley	15&up	32
33	200	Individual Medley	13-14	34
35	400	Freestyle Relay	15&up	36
37	200	Freestyle Relay	13-14	38
39	200	Freestyle Relay	11-12	40
41	200	Backstroke	Senior	42
113	1650	Freestyle	Senior	114
SATURDAY PM				
43	100	Freestyle	9-10	44
45	25	Backstroke	6-un	46
47	25	Butterfly	8-un	48
49	50	Butterfly	9-10	50
51	25	Freestyle	6-un	52
53	25	Freestyle	8-un	54
55	50	Freestyle	9-10	56
57	100	Individual Medley	8-un	58
59	100	Individual Medley	9-10	60
61	100	Freestyle Relay	8-un	62
63	200	Freestyle Relay	9-10	64
SUNDAY AM				
65	200	Butterfly	Senior	66
67	100	Individual Medley	11-12	68
69	100	Breaststroke	15&up	70
71	100	Breaststroke	13-14	72
73	50	Breaststroke	11-12	74
75	100	Backstroke	15&up	76
77	100	Backstroke	13-14	78
79	50	Backstroke	11-12	80
81	200	Freestyle	15&up	82
83	100	Freestyle	13-14	84
85	200	Medley Relay	15&up	86
87	200	Medley Relay	13-14	88
89	200	Medley Relay	11-12	90
91	1000	Freestyle	Senior	92
SUNDAY PM				
93	50	Freestyle	8-un	94
95	200	Freestyle	9-10	96
97	25	Butterfly	6-un	98
99	25	Breaststroke	8-un	100
101	50	Breaststroke	9-10	102
103	25	Breaststroke	6-un	104
105	25	Backstroke	8-un	106
107	50	Backstroke	9-10	108
109	100	Medley Relay	8-un	110
111	200	Medley Relay	9-10	112

ROCK THE BLOCK

FALL INVITATIONAL

NOVEMBER 13, 14, 15, 2009

Come join us for our first ever “Rock the Block” fall invitational. Activities will include special rock n roll heats, awesome music, participation contest, and much, much, more!

Special Heats- heats will be chosen at random. Prizes will be awarded to the heat winner.



Participation Contest- each team will be asked to decorate their team area with a rock n roll theme.

Go crazy! We want parents and swimmers to dress up as well.

Prizes will be awarded to the team with the most spirit and participation.

